Target Criteria for TF-CBT

1. **Child is age 3-18 years.**
   Child from any racial or ethnic group, living in urban, suburban, or rural areas.

2. **Child has a trauma history.**
   Child has a history of at least one significant potentially traumatic event, such as sexual assault, physical assault, witnessing serious violence in the home or community, or unexpected, traumatic death of a loved one.

3. **Child has symptoms of PTSD.**
   Child does not have to meet full diagnostic criteria for PTSD.

4. **Child has other symptoms related to trauma.**
   Child has symptoms of depression, anxiety, shame, or traumatic grief directly related to a traumatic event.

5. **Parent/caregiver involvement is highly desirable.**
   Likely to improve treatment outcome, but it is not necessary.

**TF-CBT Not Indicated**

1. Child does not have a trauma history.

2. Child does not have significant mental health symptoms related to a traumatic event.

3. Child has severe cognitive disabilities or autism spectrum disorder.

4. Problems to be managed first prior to trauma-focused therapy:
   - Safety
   - Extremely poor caregiver system
   - Severe disruptive behavior problems
   - Substance abuse