50th Annual
OB/GYN
Spring Symposium

March 16–18, 2019
Francis Marion Hotel
Historic Charleston, South Carolina

Presented and Sponsored by the Medical University of South Carolina
Department of Obstetrics and Gynecology, College of Medicine

musc.edu/cme
COURSE FACULTY

CONFERENCE CO-CHAIRS
Gweneth B. Lazenby, M.D.
Associate Professor of Obstetrics & Gynecology
Christopher Goodier, MD
Assistant Professor of Maternal Fetal Medicine

VISITING FACULTY
Haywood Brown, MD
Professor of Obstetrics and Gynecology
Associate Dean, Morsani College of Medicine
Vice President Diversity and Inclusion
University of South Florida
Tampa, Florida

Denise J. Jamieson, MD, MPH
James Robert McCord Professor & Vice Chair for Population Health
Division Director for Gynecologic Specialties
Department of Gynecology & Obstetrics
Emory University School of Medicine

Alan Thevenet N. Tita, MD, MPH, PhD
John C. Hauth Endowed Professor, Maternal Fetal Medicine Vice Chairman Research, Obstetrics and Gynecology Director, Center for Women’s Reproductive Health
The University of Alabama at Birmingham (UAB)
Department of Obstetrics and Gynecology
10270K Women & Infants Center
Birmingham, Alabama

HOST FACULTY
Eugene Chang, MD
Professor of Obstetrics and Gynecology

Heather Cook, MD
Assistant Professor of Obstetrics & Gynecology

Angela Dempsey, MD, MPH
Associate Professor of Obstetrics and Gynecology
Associate Dean for Curriculum, Clinical Sciences
Director, Ryan Residency Training Program

Autumn Edenfield, MD
Assistant Professor of Obstetrics & Gynecology

Donald Fylstra, MD
Professor of Obstetrics & Gynecology

Alexandra Rowin, MD, MPH
Assistant Professor of Obstetrics & Gynecology

Ashlyn Savage, MD, MSCR
Associate Professor of Obstetrics and Gynecology

John A. Schnorr, MD
Assistant Professor of Obstetrics & Gynecology
Director, Division of Reproductive Endocrinology
Coastal Fertility Associates, Mt. Pleasant, SC

David E. Soper, MD
Paul B. Underwood Jr. Professor
Medical Director, Women’s Health
Director, Division of Specialists in Obstetrics & Gynecology

Scott A. Sullivan, MD, MSCR
Professor of Maternal Fetal Medicine
Director, Division of Maternal Fetal Medicine

Steven E. Swift, MD
Professor of Obstetrics & Gynecology

Jessica Tarleton, MD, MPH
Assistant Professor of Obstetrics & Gynecology
**SATURDAY, MARCH 16, 2019**

7:00 am  Registration and Continental Breakfast

7:55  Welcome and Opening Remarks

8:00  Preparing for Emerging Pandemic Infections
Denise Jamieson, MD

Develop hospital plans for responding to emerging pandemic threats; Identify potential emerging infection threats

8:30  Interstitial Cystitis, Steven Swift, MD

Know how to diagnose Interstitial cystitis; Explain the current thoughts on the pathophysiology of interstitial cystitis; Begin treatment management of newly diagnosed interstitial cystitis patients

9:00  Bilateral Salpingectomy for Sterilization, Angela Dempsey, MD

Outline the rationale for providing salpingectomy for elective sterilization; Counsel a patient about the benefits and risks of salpingectomy for elective sterilization; Address common challenges of implementation including coding, billing, and surgical technique

9:30  Panel Discussion with Dr. Jamieson, Dr. Swift, Dr. Dempsey

10:00 Break

10:30  Hormone Replacement for Menopausal Women
Donald Fylstra, MD

Appreciate the risk and benefits of HT and how to discuss these benefits with your patient; Recommend when to stop or continue HT long term

11:00  Polycystic Ovarian Syndrome: Is it Still About Insulin Resistance? John Schnorr, MD

Discuss the national and international criteria for the diagnosis of PCOS. The pathophysiology will be discussed along with treatment including weight loss, insulin-sensitizing agents, clomiphene citrate, aromatase inhibitors, and ovarian drilling.

11:30  Zika Infection in Pregnancy, Denise Jamieson, MD

Appropriately screen for Zika in pregnancy; Manage pregnant patients with positive Zika testing

12:00  Panel Discussion with Dr. Fylstra, Dr. Schnorr, Dr. Jamieson

12:30  Adjourn

**SUNDAY, MARCH 17, 2019**

7:15 am  Registration and Continental Breakfast

8:00  Disparities in Maternal and Neonatal Outcomes
Haywood Brown, MD

Identify racial and ethnic disparity in infant mortality, prematurity, stillbirth and maternal mortality and factors related to disparity; Discuss disparity in breast feeding rates and the potential impact on perinatal outcome and adult health in the next generation; Discuss the impact of global health disparities on health care inequity and quality

8:30  Office Fertility, Heather Cook, MD

Assess and order appropriate testing for the infertile patient; Assess and order appropriate testing for the anovulatory patient; Diagnose PCOS using current PCOS criteria; Treat the anovulatory patient with oral ovulation induction medications; Treat the anovulatory clomid-resistant patient with alternatives methods; Treat hydrosalpinx effectively for the infertile patient; Treat uterine myomas effectively for the infertile patient; Treat endometrial polyps effectively for the infertile patient; Feel comfortable referring the infertile patient to a specialist at an appropriate time

9:00  Persistent or Recurrent Lower Genital Tract Symptoms: Differential Diagnosis and Management, David Soper, MD

Diagnose, treat and prevent recurrent vulvovaginal candidiasis; Develop a strategy for managing recurrent bacterial vaginosis; Treat and prevent recurrent or resistant trichomonias vaginitis; Identify non-infectious causes of persistent/recurrent lower genital tract symptoms

9:30  Panel Discussion with Dr. Brown, Dr. Cook, Dr. Soper

10:00 Break

10:30  Thyroid Disease in Pregnancy, Scott Sullivan, MD

Ensure that pregnant patients are receiving adequate iodine; Develop a screening program for thyroid disorders; Treat hypothyroidism to prevent fetal and maternal complications

11:00  Recurrent UTI in Post-Menopausal Women
Autumn Edenfield, MD

Diagnose and treat uncomplicated urinary tract infections in postmenopausal women; Evaluate and diagnose recurrent urinary tract infections in postmenopausal women; Offer initial UTI prophylaxis strategies in postmenopausal women and monitor clinical response; Evaluate when to refer a postmenopausal woman with recurrent UTIs to a urogynecologist or urologist for further evaluation

**CONTINUED ON FOLLOWING PAGE**
**50th Annual OB/GYN Spring Symposium**
March 16–18, 2019 • Francis Marion Hotel • Historic Charleston, SC

**SUNDAY, MARCH 17, 2019 (CONTINUED)**

11:30  
**Quality and Safety in Obstetrics and Gynecology**  
Haywood Brown, MD  
Discuss strategies for prevention of obstetric morbidity and mortality through implementations of national wide maternal levels of care and safety bundles; Discuss a new paradigm for postpartum care including candidates for early visits and benefits for telehealth and telemedicine for patient care follow up; Discuss common areas for risk for liability in obstetrics and quality and safety strategies for prevention

11:00  
**Management of Eclampsia**, Eugene Chang, MD  
Recognize risk factors for eclampsia; Implement measures for prevention of eclampsia; Manage patients with eclampsia

11:30  
**Antihypertensive Therapy for Mild CHTN During Pregnancy: The Elephant in the Room**  
Alan Tita, MD, PhD, MPH  
Review the epidemiology of chronic hypertension during pregnancy; Discuss the risks and benefits of antihypertensive therapy during pregnancy and ACOG Task Force recommendations; Outline a pragmatic clinical trial approach to generate high quality evidence to guide the management of chronic hypertension during pregnancy

12:00  
**Panel Discussion with Dr. Sullivan, Dr. Edenfield, Dr. Brown**

12:30  
Adjourn

**MONDAY, MARCH 18, 2019**

7:15 am  
**Registration and Continental Breakfast**

8:00  
**Prevention of Infections After Cesarean Delivery**  
Alan Tita, MD, PhD, MPH  
Outline the burden of infection after cesarean delivery; Discuss antibiotic prophylaxis strategies for cesarean delivery; Discuss other strategies to prevent infections after cesarean delivery

8:30  
**Key Updates**  
**Key Updates in the Use of Ultrasound for IUD Evaluation**  
Alexandra Rowin, MD  
Evaluate the diagnostic capabilities of 2D and 3D ultrasonography to determine IUD location and position; Appraise current evidence for association between IUD position and effectiveness as well as adverse symptoms

**HPV for Cervical Cancer Screening**, Ashlyn Savage, MD  
Apply guidelines for cervical cancer screening and follow up utilizing HPV testing as a primary screen

9:00  
**Congenital Syphilis**, Gweneth Lazenby, MD  
Appreciate contemporary rates of congenital syphilis; Identify significant sequelae of congenital syphilis infection; Gain awareness of recommended syphilis screening algorithms in pregnancy; Interpret common syphilis screening test results; Treat syphilis in pregnancy based on the stage of disease; Address treatment of the penicillin allergy patient

9:30  
**Panel Discussion with Dr. Tita, Dr. Rowin, Dr. Savage, Dr. Lazenby**

10:00  
Break

10:30  
**Antimicrobial Use for Women’s Health Providers**  
Jessica Tarleton, MD  
Explain the meaning and importance of antibiotic stewardship; Choose appropriate antibiotics for prophylaxis in outpatient and inpatient gynecologic procedures; Choose appropriate antibiotics for treating common obstetric and gynecologic conditions

**East Battery Home, Charleston, SC**
CONFERENCE DESCRIPTION

The 50th Annual OB/GYN Spring Symposium will provide engaging, evidence-based updates on a range of obstetrical and gynecological challenges, aimed at enabling clinicians to update their practice, improve the quality of care for their patients, and optimize patient outcomes and satisfaction. The symposium focuses on enhancing participants’ knowledge of new evidence and trends in the field and highlighting practical applications for this knowledge. Conference faculty include nationally known guest faculty and distinguished MUSC faculty. Content is chosen for this CME activity based on needs assessment and educational gaps derived from local, regional and national data including peer review, literature updates and specialty society information. Content is presented through key updates on emerging topics, expert presentations, and interactive panel discussions. Please see the agenda for a detailed description of topics and learning objectives to be addressed within this three day conference.

TARGET AUDIENCE & SCOPE OF PRACTICE

The conference is designed for care providers in the field of Women’s Health with particular interest in reproductive issues and overall wellbeing. Obstetrician gynecologists, nurse practitioners, physician assistants, midwives, registered nurses, and other interested health professionals are encouraged to attend.

CREDIT DESIGNATION

The Medical University of South Carolina designates this live activity for a maximum of 12.0 AMA PRA Category 1 Credit(s)™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

ACOG: Application has been submitted to the American College of Obstetricians and Gynecologists.

Nursing Credit: Most states accept CMEs that apply to a specific nursing specialty as nursing continuing education. Please check with your respective State Board of Nursing to ascertain the equivalent number of contact hours offered for 12.0 AMA PRA Category 1 Credit(s)™.

DISCLOSURE

In accordance with the ACCME Essentials & Standards, anyone involved in planning or presenting at this educational activity will be required to disclose any relevant financial relationships with commercial interests in the health care industry. This information will be made available to participants at the beginning of the activity. Speakers who incorporate information about off-label or investigational use of drugs or devices will be required to disclose that information at the beginning of their presentation.

ACCREDITATION

The Medical University of South Carolina is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

AMERICANS WITH DISABILITIES ACT

It is the policy of the Medical University of South Carolina not to discriminate against any person on the basis of disabilities. If you feel you need services or the auxiliary aids mentioned in this act in order to fully participate in this continuing medical education activity, please call the Office of CME at 843-876-1925 or attach a note to your registration form by February 16, 2019.

MORE INFORMATION

For more information, please contact the MUSC Office of CME at 843-876-1925 or email Elizabeth Gossen, gossen@musc.edu.
REGISTRATION INFORMATION

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Registration fee includes continental breakfasts, coffee breaks, electronic course syllabus and credit processing. No pre-registrations will be accepted after March 13, 2019. After March 13, you must contact the MUSC Office of CME at 843-876-1925 to see if space is available. If space is available, you must register onsite. Note: There is an increased rate for onsite registrations!

REGISTRATION METHODS

(Please use ONE of these methods to register. Do not mail if previously faxed or telephoned).

- **Mail** registration form with check made out to "Medical University of South Carolina" or credit card information to:
  Office of CME, Medical University of South Carolina, 96 Jonathan Lucas Street, HE 221 Suite A, MSC 754, Charleston, SC 29425
- **Telephone:** (843) 876-1925 – Registration by credit card only
- **Fax:** (843) 876-1931 – Registration by credit card only
- **Online:** Visit www.musc.edu/cme and select “CME Conferences” on the left hand side, then scroll down to find this activity, select the blue “Register” button, and follow directions as prompted.

CANCELLATIONS

A refund for conference registration will be made upon written request prior to **February 16, 2019**, however, $100 will be retained for administrative costs. No refunds will be made after February 16, 2019. We reserve the right to cancel the program if necessary. Full registration fees will be refunded for canceled programs. The Medical University cannot be responsible for reimbursement of airline or other transportation fees, hotel or rental car charges, including penalties. By registering for this conference, you acknowledge and agree to this cancellation policy.

ACCOMMODATIONS INFORMATION

**THE FRANCIS MARION HOTEL • 387 KING STREET, CHARLESTON, SC 29401 • (843) 722-0600**

The Francis Marion Hotel, historic Charleston’s landmark full service hotel, is in the heart of Charleston’s historic district. Located at the newly restored Marion Square, the Francis Marion Hotel is only a few blocks from the Charleston Visitor Center, South Carolina Aquarium, restaurants, boutiques, galleries, museums, antique shops and night life. The hotel offers valet parking, spa, concierge, retail shops and the Swamp Fox Restaurant & Bar.

Special group rates start at **$249.00**, plus tax, per night. A limited number of guest rooms have been reserved and are being offered on a first come, first serve basis. The room block will be held until **Wednesday, February 13, 2019** however the room block may be filled prior to this date. In such a case, neither the group rate nor guest room availability can be guaranteed. Therefore, we recommend you make your reservation as soon as possible. Reservations can be made by calling the hotel directly at 843-722-0600 or 877-756-2121 and identifying yourself as being a participant in this meeting, or by following the online directions below.

**Link for online reservations:** https://reservations.travelclick.com/76320?groupID=2174850
**Online Booking Code:** OBGYN19

**Parking:** Valet parking at the hotel is available at $25.00 plus tax, per day and can be added to your guest folio. In addition, self-parking is available at $20.00 per day (cash). Rates are subject to change with notice.
REGISTRATION FORM

By Registering for this conference, you acknowledge and agree to the cancellation policy stated in this brochure.

Name ________________________________ Personal ID# XXX - XX - ________
As you would like it printed on your name badge. (Please Limit Credentials to 7 Characters) Please use the last four digits of your SSN

Address ________________________________________________________________

City ___________________________ State __________ Zip Code ________________

Specialty ______________________________ Degree/Credentials ______________________

Daytime Phone (__________) _________ - ___________ Business Fax (__________) _________ - ___________

Email ________________________________________________________________

☐ I do NOT want my name included on a list of participants to be included in handouts at the conference.
☐ YES, I do want a printed copy of the course syllabus (see below).
☐ NO, I do not want a printed copy of the course syllabus.

REGISTRATION FEES

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Total Registration Fee Included: $______

Payment must accompany registration:

☐ Check Payable to Medical University of South Carolina
☐ MasterCard ☐ Visa ☐ Discover ☐ American Express

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