

Student Stacks

ECONOMIC SURVIVAL IN GRADUATE SCHOOL: BUDGETING TIPS TO NAVIGATE STUDENT LOANS AND EXPENSES

Managing finances during graduate level medical training is crucial, especially when student loans are involved. Here are practical tips to help you budget effectively. By following these tips, you can better manage your finances during graduate school, ensuring you stay on track with your studies while minimizing financial stress.



WANT TO RECEIVE YOUR FINANCIAL AID REFUND FASTER?

Sign up for direct deposit.

- ◆ Go to self-service in the [Student Life Portal](#).
- ◆ Navigate to the Student Menu.
- ◆ Select Tuition Bills and Payments.
- ◆ Click Student Finance and then Make a Payment.
- ◆ Continue to Payment Center.
- ◆ Select Electronic Refunds. Provide your routing and bank account number.

1. **Create a Budget:** Develop a monthly budget that lists your income sources and essential expenses.
2. **Limit Discretionary Spending:** Cut back on non-essential expenses.
3. **Utilize Student Discounts:** Take advantage of discounts for students.
4. **Track Your Spending:** Use budgeting tools or apps to monitor your expenses closely.
5. **Minimize Debt Accumulation:** Borrow only what you truly need for tuition and living expenses. Explore scholarships and grants to reduce reliance on loans.

Pro Tip: Direct Deposit

Avoid waiting to get a check in the mail. Get your student aid refund faster by signing up for direct deposit.

Connect With Us

Book an appointment to go over your budget, spending plan, and more.

[BOOK NOW](#)

Financial Success MENTORING



Financial Success Mentoring is a peer-based mentoring initiative designed to promote financial literacy across campus. Our team of 7 students are dedicated to guiding others towards financial well-being. We offer in-person and virtual sessions to help you navigate financial challenges successfully.

BOOK NOW

Book a 1:1 with us today!

PODCAST 



Check out Episode 10:
Top 10 Best Money Practices



Budgeting Basics
Aug 5/Noon/EL 205A



Student Activities Fair
Sept 12/11:30-1/Horseshoe Portico



Best Savings Practices
Sept 25/Noon/BS302



Return of Funds Deadline
10/1

REGISTER NOW



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