

INTRODUCTION

- The Clemente Course focuses on breaking educational barriers nationwide by offering a free course in humanities to individuals in various communities who have experienced economic hardship.
- The Charleston Clemente program has recently partnered with MUSC to create a Health Awareness Course (HAC) with the goal of promoting healthy living and wellness in underserved communities.

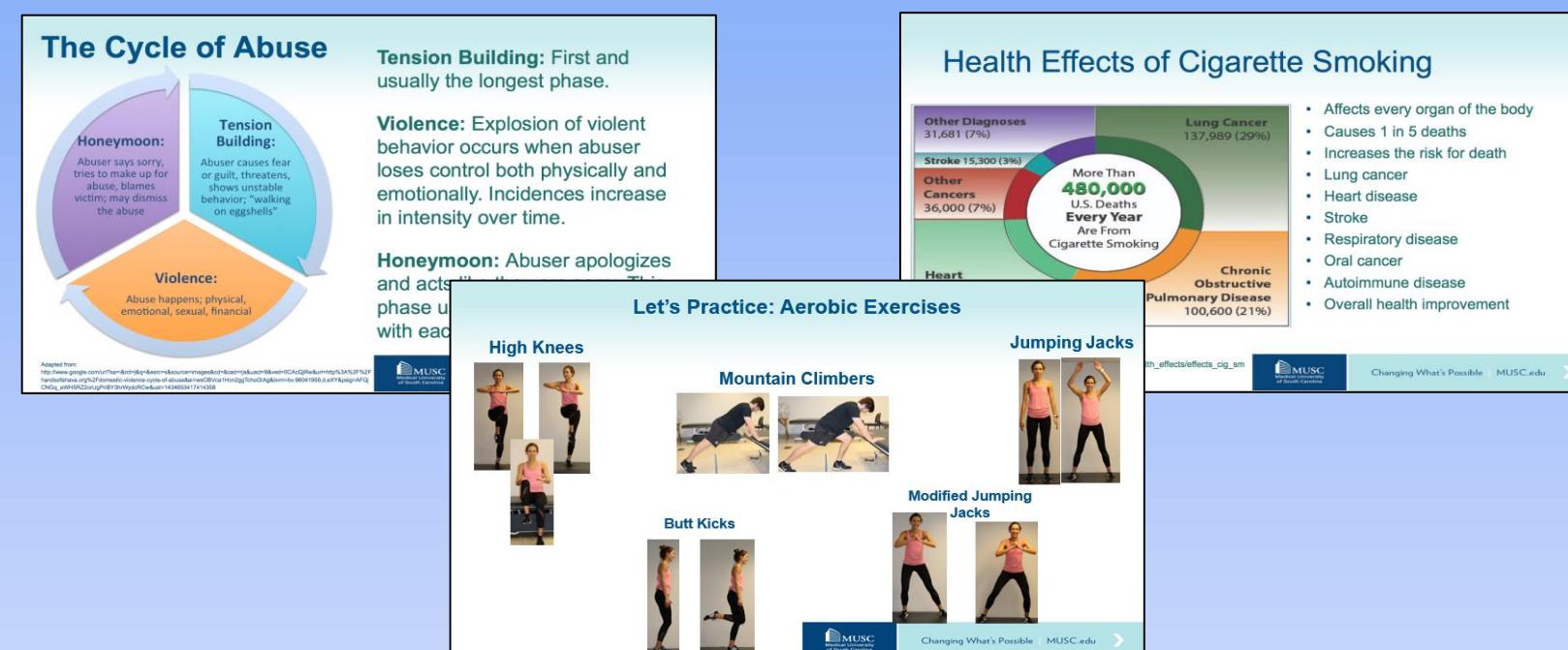


- The HAC has been well-received, so the coordinators decided this information should be available to anyone, not just those that are able to attend the class in person.



METHODS

- Partnered with HAC coordinators (MUSC students) to begin the process of making health information available to students in other Clemente programs nationwide.
- Selected three topics for course material development based on our knowledge and interests: Physical Fitness, Smoking, and Domestic Violence based on student and community interest and the collaboration of student career paths.



- Conducted a focus group with current Clemente students to obtain feedback on course topics that had been most helpful to them.
- Reached out to MUSC professors with expertise in topic areas to guide content creation.
- Developed PowerPoint presentations to be used in the HAC with objectives, action plans, and reflection questions.
- Filmed short learning modules that will be made available online.

OUTCOMES

Interprofessional Collaboration:

- The focus group with Clemente students demonstrated how eager community members are to learn about improving their health.
- Recognized how individuals from diverse backgrounds can come together and work as a team and learn from each other.
- Worked together to increase respect for our various professions.

Health Awareness Course:

- Produced educational videos focusing on smoking cessation, physical fitness, and domestic violence for national use.
- Compiled list of resources available at local and national levels on each topic to be used by course participants for further information.

DISCUSSION

Overall:

- Materials and videos produced will be used for the rollout of the Online Health Awareness Course.
- Focus group revealed that Clemente students especially valued information they learned related to dental hygiene and physical fitness.
- Recommendation for Change: Continued collaboration between medical professionals, students, and community members to ensure that information about important health topics is being shared in a way that is clear and accessible to everyone.

Lessons Learned:

- Interprofessionalism is key!
- Reaching out to assess the needs of the community is an essential component of a project of this nature.

Recommendations:

- Continue to seek input from local Clemente students in face-to-face focus group meetings.
- Survey national participants for suggestions regarding future topics and to obtain demographic data.
- Recruit additional students and faculty members to be involved in forming material for presentations and supplemental resources.

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Focus Group Participants from the Charleston Clemente Course