# What You Need to Know About Monkeypox (MPX)



#### What is MPX?

MPX is a rare, but potentially serious illness that can be spread from person to person through direct contact with bodily fluids or MPX rash.

### What are the symptoms of MPX?



- Painful skin rash
- Fever
- Headache
- Muscle aches
- Swollen Lymph Nodes

Symptoms usually appear 7–14 days after exposure.





#### What if I think I have MPX?

You should see your usual healthcare provider or visit an urgent care.

## How do I get MPX?



MPX spreads between people primarily through direct contact with infectious sores, scabs, or bodily fluids. MPX can spread during intimate contact between people,

including sex, kissing, hugging, or talking closely; and touching fabrics and objects that were used by a person with MPX, such as bedding and towels. It can also be spread through coughing or saliva from a person with MPX.

# **How can I prevent MPX?**

- Avoid intimate contact with people recently diagnosed or who recently may have been infected.
- Be aware that MPX is spreading among people with multiple sex partners.
- Wear a face mask if you are in close contact with someone who has symptoms.
- Wash your hands with soap and water or use hand sanitizer, especially after coming into contact with those who are infected—or suspected infected.

For more information on MPX, please visit: scdhec.gov/MPX cdc.gov/monkeypox